

1. **SAND PIT ARMY CRAWL**...stay low, use your hands & knees, and don't dare touch the ropes!
2. **BALANCING ACT**...balance on the planks and don't let go of your teammates or you try again!
3. **LOG CARRY**...how strong are you and how strong are your teammates...keep it high & stay under!
4. **MAZE GUESSING**...this way-no that way-be careful...if you go the wrong way it might add distance!
5. **HAY JUMPING**...can you & your teammates get up & over the hay and can you do it if it's slippery?
6. **TUNNEL DUCK**...stay low and watch your head...see the light at the end of the tunnel!
7. **TIRE TOUCH**...we have all shapes & sizes...don't forget to touch ground & hang onto your mates!
8. **MUD HOLE FLOAT**...float, swim, or try to run across...who knows what race day will look like!
9. **DEVILS TRAIL**...watch out for the fallen tree's and make sure to stay on the trail at all times!
10. **CARGO NET**,,,up and over the spider web, but keep your balance and don't look down!
11. **WALKING PLANK**...moving forward but keeping your teammates on the plank- tuff tuff!
12. **MUD HOLE SURVIVE**...no floating this time and can't you sense the finish line is near!



**TELL THE TRUTH...DOES ANYONE EVEN KNOW WHAT MUD TASTE LIKE ???**